

Now I Am Eight

Topic: Family/Human Body/Time Curriculum link: Study of Society Text type: Recount Reading level: 19 Word count: 892 Vocabulary: balance, costume, craw

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Possible literacy focus:

- Identifying the different things Sophie could do each year.
- Identifying the changes that are common to all children and those that are specific to Sophie.

Follow-up activities

Summary chart

Ask the children to re-read *Now I Am Eight* so they can help fill in a summary chart like the one below.

Age	What Sophie could do
Newborn	Eat, cry and sleep
6 months old	Sit up, first teeth, playing with toys
etc.	

Draw a chart like this on the board and complete it together. Point out that you are using the information from the book but presenting it in a different way.

Same and different

Ask the children to find out from their families what they could do at different ages and stages. Did they do the things that Sophie did? What did they do that was the same? What did they do that was different? Discuss these milestones as a group.

Miming: Guess what?

Ask the children to think about their favourite activity or something they like doing. Ask one child to mime the activity to the rest of the class. Other members of the class could then try to guess what the child is doing. The child who guesses correctly takes the next turn to mime their favourite activity.

Mobile – About me

You will need:

coathanger, paper, cardboard, pencils, felt pens, scissors, wool or string, sticky tape

- 1. Write down a list of things about yourself.
- 2. Draw a picture of each of these things on separate pieces of cardboard.
- 3. Cut them out.
- 4. Attach a piece of string or wool to each piece and hang them from the coathanger.
- 5. Write your name on a piece of cardboard and attach this to the top of your coathanger.

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6. Display your mobile in your classroom.

Growing up

You will need:

paper, pencils, photos or drawings, felt pens, glue

- 1. Find photos of you from when you were a baby and as you grew older. If you cannot find photos, draw pictures of yourself.
- 2. Make a chart showing how you changed as you grew up.
- 3. Glue the photos or pictures onto the chart.
- 4. Write about each picture.
- 5. Share your chart with the class.

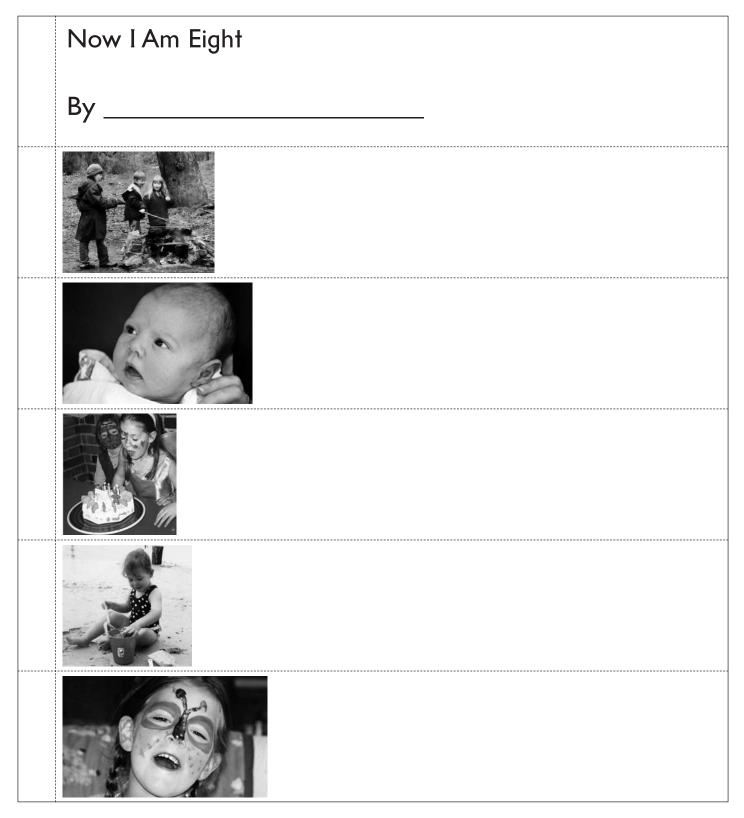
More about me!

Fill in the chart and write about what you can do now. Then write about what you would like to be able to do next year. Draw pictures of some of these things.

I	0
What I can do now	Drawing
What I would like to do	
next year	

Mini book

Write about these stages of Sophie's life. Then cut out the boxes and put them in the right order to make a mini book.



Instructions Remind the children to write about Sophie using their own words. Ask the children to number and cut out the pages when they have finished. They can staple the pages together in the small column along the left hand side.